

**Our Mission is to provide the South West community with excellence in respite and end-of-life care within a home-like environment; embracing respect and compassion for all people.**

## Upcoming Events

- Parkinson's Support Group - 4th Friday of each month
- Bereavement Support Group - every 2nd Monday
- Memory Lane Dementia Group - 3rd Weds of each month
- Dying To Know Day - 8 August

**We acknowledge the valuable contribution to Anam Cara Colac, of the following, businesses, individuals, organisations and community groups:**

- The Caponero Grant
- Mt Gellibrand Wind Farm Pty Ltd
- Dementia Australia Ltd
- FRRR Gardiner Foundation
- The Gall Foundation
- Anne Mercer
- StevCom
- Palliative Care Victoria/Eastern Palliative Care - scholarship to Allison Woolley for Biography Training Program.

**QIC Accredited Organisation Member - Palliative Care Victoria Inc (PCV)**  
**Member - International Association for Hospice and Palliative Care (IAHPC)**

*Anam Cara Colac acknowledges Aboriginal and Torres Strait Islander Peoples as the First Australians and especially the Gulidjan (also known as the Kolakngat) people who occupied the Lake Colac region of Victoria.*

## A word from ... Maryjane Crabtree, President

Anam Cara House Colac relies heavily on generous community philanthropy to keep our doors open to welcome and care for our guests in their most difficult times. Our doors are open to our guests and we do not require payment.

While we do receive grants from various philanthropic organisations, we have no recurrent government funding. Our annual giving campaign is our major fundraising effort.

We are fortunate to receive repeat donations from several wonderful donors, who have been committed to us for several years. We often receive voluntary donations from the families of our guests. These donations are very welcome, and particularly affirming for our staff and volunteers.

However, the backbone of our fundraising efforts are the many small gifts from our community. If five people give just \$50, that pays for day respite for a day. The smaller gifts add up so quickly! We know that times are tough, and the rising cost of living is biting - we have seen all our costs rise too!



Please do think of us this week, and if you are able, join the wonderful members of our community by giving what you can - every single cent will help!

Maryjane

## 2024 Community Appeal - Invitation To Donate

Your contribution and support help us to deliver quality palliative and respite care. We sincerely appreciate your ongoing commitment and belief in Anam Cara Colac. Donations can be made by:

☎ 03 5233 8203

✉ admin@anamcarahousecolac.org.au

🏦 BSB: 633 000 A/C: 128 787 173

💰 PO Box 508 COLAC 3250

🌐 [www.anamcarahousecolac.org.au/donate](http://www.anamcarahousecolac.org.au/donate)

## Contact Us

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e. [manager@anamcarahousecolac.org.au](mailto:manager@anamcarahousecolac.org.au)  
w. [www.anamcarahousecolac.org.au](http://www.anamcarahousecolac.org.au)

## Congratulations to two of our Life Members - Lynette Harris OAM

On 31 May 2024, at the Country Women's Association (CWA) of Victoria State Annual meeting, Lyn was awarded the "CWA Member of Honour". Lyn is only the fifth woman currently holding this prestigious honour within CWA Victoria. Lyn has been a member of the CWA for 55 years.



Lyn has also been a long time volunteer at Anam Cara Colac and also serves at governance level on the Committee of Management. We are extremely proud of you Lyn, our warmest congratulations.

## Fr Michael O'Toole

On 24 May 2024, Fr Michael O'Toole celebrated his 50th Anniversary of Ordination to the Priesthood - an occasion for celebration and reflections.

We are privileged to have Fr Michael frequently minister to our Guests at Anam Cara Colac. Fr Michael graciously attends whenever possible - no matter the day, nor the time. Our sincere congratulations Fr Michael.



## Volunteer Week Celebrations

We recently hosted a National Volunteers Week event to celebrate the many contributions and support our volunteers bring to Anam Cara Colac. There was a lot of laughs and plenty of talent, as our volunteers sipped wine and painted self portraits in Picasso style. Domino's pizza was kindly donated by Sarah Hadzig and each volunteer took home a custom coaster, created and donated by Blake Woolley.



## Find Us

Visit the Website - to find everything you need to know about Anam Cara Colac  
[www.anamcarahousecolac.org.au](http://www.anamcarahousecolac.org.au)

On Facebook - "Like" us on Facebook to keep up with the happenings at the hospice.

Donate - Donations can be made by mail, phone, in person or via our website or Facebook page.

All donations over \$2 are tax deductible. Contact us today to make your donation.

## Palliative Care Week

May was a very busy month for celebrations! On 21 May we welcomed many visitors to the Hospice to celebrate Palliative Care Week. Our guest speaker was Violet Platt, CEO of Palliative Care Victoria. Violet is pictured below (second from left) together with Jeanette and Emmalee from Warrnambool and District Community Hospice, visitor Alfredo Lettieri, Hospice President, Maryjane Crabtree, Hospice Manager, Naomi Lettieri and Richard Riordan MP.



## Nutrien Ag Solutions Visit

We recently welcomed Phil and Mady from Nutrien Ag Solutions for a tour of the Hospice. Nutrien Ag Solutions together with FRRR have funded Anam Cara Colac to conduct Advance Care Planning training and development through the Community Grants Program.



## Quilters Group Donation

We sincerely thank the members of the Colac Neighbourhood House Quilting Group who recently donated a beautiful quilt. Group members told the story of how the quilt was created and enjoyed morning tea with our day respite guests.

